



GLUTEN FREE

SALADS

COBB 16

Lettuce blend, grilled chicken, cheddar, black olives, Nueske's bacon, egg, tomatoes, red onion, crumbled Carr Valley Wildfire Blue cheese, and choice of dressing.

ITALIAN 16

Romaine, salami, ham, mozzarella, red onions, banana peppers, black olives, tomatoes, and Italian garlic vinaigrette dressing.

SOUTHWEST 16

A garden blend with spicy grilled chicken, bell peppers, tomatoes, onions, cheddar, Nueske's bacon, black bean roasted corn relish, chipotle ranch dressing and salsa.

SALAD DRESSINGS

Honey Mustard | Ranch | French | Bleu Cheese | Italian Garlic Vinaigrette | Chipotle Ranch

SCRATCH MADE MINESTRONE SOUP
CUP 4 BOWL 6

10" PIZZAS

Made with a gluten free crust
Upgrade to a gluten free cauliflower crust for 1

BENVENUTO 19

Pepperoni, ham, Italian sausage, mushrooms, onions, black olives, bell peppers, pizza sauce, four cheese blend.

FOUR MEAT COMBO 18

Pepperoni, ham, Italian sausage, Nueske's bacon, pizza sauce, four cheese blend.

MARGHERITA 19

Fresh mozzarella, basil, oven roasted tomatoes and garlic on a olive oil brushed crust.

FORMAGGIO 16

Four cheese blend atop pizza sauce. Add your favorite toppings.

Additional Toppings 1.5 Each

Pepperoni | Italian Sausage | Ham | Chicken |
Nueske's Bacon | Mushrooms | Shrimp* | Black Olives |
Extra Cheese | Fresh Spinach | Pineapple | Portabellas |
Onions | Green Olives | Oven Roasted Tomatoes | Fresh
Basil | Artichoke Hearts | Green Peppers | Red Onions |
Banana Peppers | Roasted Garlic | Sun-Dried Tomatoes |
Fresh Tomatoes (*Additional Charge)

SIDES

Garlic Mashed Potatoes | Salad | Fresh Vegetables |
Parmesan Risotto | Cup Of Soup

DESSERT

FLOURLESS CHOCOLATE CAKE 6
Belgian chocolate, butter, cocoa, vanilla.

SANDWICHES

Served with choice of one side.

GRILLED CHICKEN 16

Grilled chicken breasts with lettuce, tomato and red onion services on a gluten free bun with pesto mayo.

HOT SUPREME 17

A toasted gluten free bun with ham, pepperoni, salami, mozzarella, lettuce, tomato, red onion, and Italian garlic vinaigrette.

BURGERS*

Two 1/3 lb. hand pattied burgers on a gluten free bun with your choice of lettuce, tomato, onion and mayo.

Classic Burger* 15

Cheeseburger* 16

Nueske's Bacon Cheeseburger* 17

SOUTHWEST CHICKEN 19

Spicy grilled chicken, Nueske's bacon, cheddar and chipotle ranch on a gluten free bun with lettuce, tomato and red onion.

PASTAS

Includes side salad or minestrone soup. | We use R.P. Pastas Premium Gluten Free Penne pasta
Substitute zucchini noodles for a low carb option.

PORTABELLA PENNE 24

Portabellas, artichoke hearts, tomatoes, balsamic butter, parmesan, balsamic glaze, with gluten free penne.

CAJUN GRILL 27

Grilled chicken, Italian sausage, spicy red cream sauce, with gluten free penne.

SHRIMP PENNE 24

Wild caught shrimp tossed in garlic butter and gluten free penne.

PENNE MARINARA

Gluten free penne topped with marinara. 17
With Italian sausage 21

BRUSCHETTA CHICKEN 26

Gluten free penne, grilled chicken, tomato, red onion, basil, balsamic butter, balsamic glaze.

CHEESE RAVIOLI 22

Brown rice and gluten free egg pasta filled with ricotta, parmesan and mozzarella with choice of marinara or garlic butter.

**ADD AN ITALIAN SAUSAGE LINK, MEATBALL,
OR BAKED WITH CHEESE 5 EACH**

ENTREES & STEAKS

Includes one side and soup or salad.

BAKED COD Lunch 13 Dinner 17

With butter and baked, served with coleslaw.

LEMON BASIL SALMON Lunch 19 Dinner 26

Never frozen grilled salmon, lemon, basil.

SIRLOIN* 23

8oz char grilled, hand trimmed.

RIBEYE* 35

16oz, char grilled hand cut, well marbled.

SMOTHERED CHICKEN Lunch 14 Dinner 16

Grilled chicken, peppers, onions, mushrooms, mozzarella.

ADD MORE TO YOUR STEAK

Sautéed onions 3 | Sautéed button mushrooms 4 |

Mushroom onion combo 5 | Shrimp scampi in garlic butter 7

*Whether dining out or preparing food at home, consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

This menu and the information on it is provided by Benvenuto's in corporation with the Gluten intolerance Group (GI), as a service to our customers. Benvenuto's and GIG assume no responsibility for its use and information which has not been verified by Benvenuto's Patrons are encouraged to consider the information in light of their individual requirements and needs to their own satisfaction.