



GLUTEN FREE

SALADS

COBB 17

Lettuce blend, grilled chicken, cheddar, black olives, bacon, egg, tomatoes, red onion, crumbled Carr Valley Wildfire Blue cheese, and choice of dressing.

SOUTHWEST 17

A garden blend with spicy grilled chicken, bell peppers, tomatoes, onions, cheddar, bacon, black bean roasted corn relish, chipotle ranch dressing and salsa.

SPINACH WITH CHICKEN 16

Baby spinach, red onion, hard boiled egg, bacon, grilled chicken, and hot bacon dressing.

SALAD DRESSINGS

Honey Mustard | Ranch | French | Bleu Cheese | Italian Garlic Vinaigrette | Chipotle Ranch

SCRATCH MADE MINESTRONE SOUP
CUP 4 BOWL 6

10" PIZZAS

Made with a gluten free crust

Upgrade to a gluten free cauliflower crust for 1

BENVENUTO 19

Pepperoni, ham, Italian sausage, mushrooms, onions, black olives, bell peppers, pizza sauce, four cheese blend.

FOUR MEAT COMBO 18

Pepperoni, ham, Italian sausage, bacon, pizza sauce, four cheese blend.

MARGHERITA 19

Fresh mozzarella, basil, oven roasted tomatoes and garlic on a olive oil brushed crust.

FORMAGGIO 16

Four cheese blend atop pizza sauce. Add your favorite toppings.

Additional Toppings 1.5 Each

Pepperoni	Italian Sausage	Ham	Chicken
Bacon	Mushrooms	Shrimp*	Black Olives
Extra Cheese	Fresh Spinach	Pineapple	Portabellas
Onions	Green Olives	Oven Roasted Tomatoes	Fresh Basil
Artichoke Hearts	Green Peppers	Red Onions	
Banana Peppers	Roasted Garlic	Sun-Dried Tomatoes	
Fresh Tomatoes (*Additional Charge)			

SIDES

| Garlic Mashed Potatoes | Salad | Chef's Choice Vegetables |
| Parmesan Risotto | Cup Of Soup |

DESSERT

DEATH BY CHOCOLATE 6.5
Chocolate, butter, cocoa, vanilla.

SANDWICHES

Served with choice of one side.

GRILLED CHICKEN 17

Grilled chicken breasts with lettuce, tomato and red onion services on a gluten free bun with pesto mayo.

SOUTHWEST CHICKEN 19.5

Spicy grilled chicken, bacon, cheddar and chipotle ranch on a gluten free bun with lettuce, tomato and red onion.

BURGERS*

Prime ground chuck with choice of lettuce, tomato, onion, and mayo.

Classic Burger* 15.5

Cheeseburger* 16.5

Bacon Cheeseburger* 17.5

PASTAS

Includes side salad or minestrone soup.

We use R.P. Pastas Premium Gluten Free Penne pasta

PORTABELLA PENNE 25

Portabellas, artichoke hearts, tomatoes, balsamic butter, parmesan, balsamic glaze, with gluten free penne.

CAJUN GRILL 29

Grilled chicken, Italian sausage, spicy red cream sauce, with gluten free penne.

SHRIMP PENNE 25

Wild caught shrimp tossed in garlic butter and gluten free penne.

PENNE MARINARA 18

Gluten free penne topped with marinara.
With Italian sausage 23

BRUSCHETTA CHICKEN 28

Gluten free penne, grilled chicken, tomato, red onion, basil, balsamic butter, balsamic glaze.

CHEESE RAVIOLI 23

Brown rice and gluten free egg pasta filled with ricotta, parmesan and mozzarella with choice of marinara or garlic butter.

ADD AN ITALIAN SAUSAGE LINK OR BAKED WITH CHEESE 5 EACH

ENTREES & STEAKS

Includes one side and soup or salad.

BAKED COD Lunch 15 Dinner 19

With butter and baked, served with coleslaw.

LEMON BASIL SALMON Lunch 20 Dinner 27

Never frozen grilled salmon, lemon, basil.

SIRLOIN* 23.5

8oz char grilled, hand trimmed.

RIBEYE* 36

16oz, char grilled hand cut, well marbled.

SMOTHERED CHICKEN Lunch 16 Dinner 18

Grilled chicken, peppers, onions, mushrooms, mozzarella.

ADD MORE TO YOUR STEAK

Sautéed onions 3 | Sautéed button mushrooms 4 |

Mushroom onion combo 5 | Shrimp scampi in garlic butter 8

*Whether dining out or preparing food at home, consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

This menu and the information on it is provided by Benvenuto's in corporation with the Gluten intolerance Group (GI), as a service to our customers. Benvenuto's and GIG assume no responsibility for its use and information which has not been verified by Benvenuto's Patrons are encouraged to consider the information in light of their individual requirements and needs to their own satisfaction.