



GLUTEN FREE

SALADS

COBB 15

A lettuce blend with grilled chicken, cheddar, black olives, bacon, eggs, tomatoes, red onions, crumbled bleu cheese and choice of dressing.

ITALIAN 15

Romaine, salami, ham, mozzarella, red onions, banana peppers, black olives, tomatoes, and Italian dressing.

SOUTHWEST 15

A garden blend with spicy grilled chicken, bell peppers, tomatoes, onions, cheddar, bacon, black bean roasted corn relish, chipotle ranch dressing and salsa.

SALAD DRESSINGS

Italian | Honey Mustard | Ranch | French | Bleu Cheese | Balsamic Vinaigrette | Chipotle Ranch

SCRATCH MADE MINESTRONE SOUP
CUP 3.5 BOWL 5.5

10" PIZZAS

Made with a gluten free crust
Upgrade to a gluten free cauliflower crust for 1

BENVENUTO 18

Pepperoni, ham, Italian sausage, mushrooms, onions, black olives, bell peppers, pizza sauce, four cheese blend.

VEGGIE 16

Alfredo or pizza sauce, choice of four veggies, four cheese blend.

THREE MEAT COMBO 17

Pepperoni, ham, Italian sausage, pizza sauce, four cheese blend.

MARGHERITA 18

Fresh mozzarella, basil, oven roasted tomatoes and garlic on a olive oil brushed crust.

FORMAGGIO 15

Four cheese blend atop pizza sauce. Add your favorite toppings.

Additional Toppings 1.5 Each

Pepperoni | Italian Sausage | Ham | Chicken | Meatballs | Bacon | Mushrooms | Shrimp* | Black Olives | Extra Cheese | Fresh Spinach | Pineapple | Portabellas | Onions | Green Olives | Oven Roasted Tomatoes | Fresh Basil | Artichoke Hearts | Green Peppers | Red Onions | Seasoned Broccoli | Banana Peppers | Roasted Garlic | Sun-Dried Tomatoes | Fresh Tomatoes (*Additional Charge)

SIDES

Roasted Asparagus | Garlic Mashed Potatoes | Parmesan Risotto | Salad | Cup Of Soup

DESSERT

FLOURLESS CHOCOLATE CAKE 6
Belgian chocolate, butter, cocoa, vanilla.

SANDWICHES

Served with choice of one side.

GRILLED CHICKEN 15

Grilled chicken breasts with lettuce, tomato and red onion services on a a gluten free bun with pesto mayo.

HOT SUPREME 16

A toasted gluten free bun with ham, pepperoni, salami, mozzarella, lettuce, tomato, red onion and Italian dressing.

BURGERS*

A 1/2 lb. hand pattied burger on a gluten free bun with your choice of lettuce, tomato, onion and mayo.
Burger* 14
Cheeseburger* 15
Bacon Cheeseburger* 16

SOUTHWEST CHICKEN 18

Spicy grilled chicken, bacon, cheddar and chipotle ranch on a gluten free bun with lettuce, tomato and red onion.

PASTAS

Includes side salad or minestrone soup. | We use R.P. Pastas Premium Gluten Free Penne pasta
Substitute zucchini noodles for a low carb option.

PORTABELLA PENNE 23

Portabellas, artichoke hearts, tomatoes, balsamic butter, parmesan, balsamic glaze, with gluten free penne.

CAJUN GRILL 26

Grilled chicken, Italian sausage, spicy red cream sauce, with gluten free penne.

SHRIMP PENNE 22

Shrimp tossed in garlic butter and gluten free penne.

PENNE MARINARA

Gluten free penne topped with marinara. 16
With meatballs 20
With Italian sausages 20
Baked with cheese 19

BRUSCHETTA CHICKEN 25

Gluten free penne, grilled chicken, tomato, red onion, basil, balsamic butter, balsamic glaze.

CHEESE RAVIOLI 21

Brown rice and gluten free egg pasta filled with ricotta, parmesan and mozzarella with choice of marinara or garlic butter.

ADD AN ITALIAN SAUSAGE LINK, MEATBALL, OR BAKED WITH CHEESE 4 EACH

ENTREES & STEAKS

Includes one side and soup or salad.

BAKED COD Lunch 13 Dinner 17

With butter and baked, served with coleslaw.

LEMON BASIL SALMON Lunch 18 Dinner 25

Never frozen grilled salmon, lemon, basil.

SIRLOIN* 22

8oz char grilled, hand trimmed.

RIBEYE* 29

16oz, char grilled hand cut, well marbled.

SMOTHERED CHICKEN Lunch 14 Dinner 16

Grilled chicken, pepper, onion, mushroom, mozzarella.

PORK RIBEYE 17

A boneless 8 oz. pork ribeye char grilled to perfection.
Upgrade to two chops 21

TENDERLOIN 35

An 8oz center cut, hand trimmed.

ADD MORE TO YOUR STEAK

Sautéed onions 2.5 | Sautéed button mushrooms 3.5 |
Mushroom onion combo 4.5 | Shrimp scampi in garlic butter 6.5

*Whether dining out or preparing food at home, consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

This menu and the information on it is provided by Benvenuto's in corporation with the Gluten intolerance Group (GI), as a service to our customers. Benvenuto's and GIG assume no responsibility for its use and information which has not been verified by Benvenuto's Patrons are encouraged to consider the information in light of their individual requirements and needs to their own satisfaction.